



Pesticide Control Office

Personal Protection while using Pesticides

Sometimes the use of pesticides may be necessary in controlling certain pests. Although they can be useful, pesticides can also be dangerous if used carelessly.

Here are some tips for protecting yourself when using pesticides:



- **ALWAYS** read the label first and follow the directions including all precautions and restrictions;
- Do not use more pesticide than directed by the label- twice the amount will not do twice the work;
- As directed by the label, wear the required protective clothing when handling pesticides;
- If the pesticide label does not state what protective clothing to wear, at a minimum wear water or chemical resistant gloves, long pants, a long-sleeve shirt, and closed-toe shoes;
- Do not spray pesticides outdoors on windy or rainy days;
- Keep the **Poison Control Center** telephone number, **1-800-222-1222** available in case of an accidental exposure to the pesticide.



For more information on how to protect yourself while using pesticides, please visit us on the web at www.GRICDEQ.org or contact the **Pesticide Control Office at **(520)562-2234****